

Commonwealth Wrestling Camp Itinerary
Team Camp (7/6-7/9)
Best-of-All-Worlds (7/11-7/14)

Day 1:

2:00 PM- 3:30 PM: **Check-in at the following location:**
 Gooch Dorm for Team
 Hancock Dorm for Best-of-all-Worlds

Please eat prior to check-in! Lunch will NOT be served on Day 1.

4:30 PM: Orientation meeting to discuss camp rules, etc
5:00 PM-6 PM: Dinner
6:15 PM-8:15 PM: 1st session
10:45 PM: Bed check
11:00 PM: Lights out

Day 2 & 3:

7:15 AM: Wakeup, counselors will wake you
7:30 AM - 8:30 AM: Breakfast
9:00 AM - 11:00 AM: 2nd session
12:00 PM-1:00 PM: Lunch
2:00 PM - 4:00 PM: 3rd session
5:00 PM -6:00 PM: Dinner
7:00 PM - 8:30 PM: 4th session
10:45 PM: Bed check
11:00 PM: Lights out

Day 4:

7:15 AM: Wakeup
7:30 AM-8:30 AM: Breakfast
8:30 AM-10:45 AM: Last session
11:00 AM: **Check out at same place at Check-in**

Commuter Drop-off/Pick Up Schedule:

- Day 1: Pick-up 8:15pm at Mem Gym
- Day 2 & 3: Drop-off at 8:45 am (Mem Gym) and Pick-up at 8:45pm (Mem Gym)
- Day 4: Drop-off at 8:15am (Mem Gym) and Pick-up at Check-out at 11am at Gooch Dorm for Team & Hancock Dorm for Best-of-all